



Weekly Newsletter - 'Everyone is an Achiever' - Friday 15.03.24

Message from the Principal

Last Thursday's World Book Day was a great success. I know our pupils had a wonderful day. Huge thanks to all who donated and bought books from our book stall. We made over £100.00!



Friday 15th Red Nose Day - Slime Workshop.



Developing a Love of Reading: Important Read!

We are very passionate about promoting a love of reading in children and work hard to develop this across the whole school.

We ensure our library is well stocked with exciting titles for the children to select from, our English curriculum links to high quality texts and through daily whole class reading time. We transport each and every one of us to the world of story and adventures - the list is endless!

You too can play a significant part in making reading and story the most favourable time of the day. Whether it is through daily bedtime stories, sharing a book with your child or setting quiet time away from devices where the whole family can enjoy reading and story time together.



Reading is one of those activities that doesn't require any preparation, just a comfy spot (anywhere) to sit and enjoy a story. Reading at home doesn't just involve your child reading out loud to you - it can be reading together, a page or paragraph at a time taking it in turns - even for our older children who are competent readers. Reading a story to your child, sharing the pictures talking about what is happening is also hugely valuable to helping your child engage with reading and story. A combination of all of these is a winning formula on the life-long journey to loving reading.

Reading Expectations:

We expect children to read at least 3 times within a week (ideally daily) for a minimum of 5- 10 minutes. The Reading Records are a record of the books the children are reading (this helps us to monitor books being issued and returned to our school library), they are also a record of frequency of reading and the range of reading experiences the children are having.

Reading books & Reading Records should be coming to and from school daily. Reading books and records should be available in school each day and then taken home at the end of the day so that children (and parents) can get into the habit of recording what they are reading (just date and page numbers is sufficient, and perhaps initials of who has read with them). Teachers will be regularly monitoring these books.

Dates for Diary

- Monday 25th/Tuesday 26th March - Easter eggs due in to school for competition
- KS2 SATS start Monday 13th May
- KS1 SATs start Monday 20th May
- Year 4 Multiplication Assessments start Monday 3rd June
- Phonics assessments Monday 10th June
- Year 6 PGL - 5th to 8th July 2024

Attendance

Attendance Target
96%

Attendance this week
94.4%

Attendance this year
93.9%

9 MENTAL HEALTH ACTIVITIES TO DO WITH YOUR CHILDREN

 @BELIEVEPHQ

WORRY TIME

- Set aside a time each day for your child worry. Discuss with your child how long the worry time will be for. In this time your child can write down their worries, discuss them with you or problem solve to overcome them

THOUGHT CHALLENGING

- Help your child to write down any unhelpful thoughts they that experience. Try to challenge them with your child and come up with more realistic and helpful ones

BEING PRESENT

- Help your child to be present and live in the moment. Go for a walk and see how many different things you can both take in with all your senses

ACTIVITY PLANNING

- Create an activity diary with your child and help them to schedule in some pleasurable and achievement related activities

TALKING ABOUT FEELINGS

- Why not create a time each week where your child can speak to you about their thoughts and feelings

3 GOOD THINGS

- Before bed spend some time with your child to identify and write down three good things they achieved from the day

THOUGHT TESTING

- Try setting out some simple activities to help your child test out the validity of a thought.

WELLBEING

- Support your child to look after their wellbeing. Cook healthy meals with them, exercise or play sport with them and make sure they are getting enough sleep

IMAGERY

- Work with your child to imagine themselves in an imaginary future where everything has turned out in a positive way

