

# Virtual Autism Hub



**Lincolnshire's Virtual Autism Hub is a new source of autism support. Our service is for non-clinical autism enquiries. We're here to empower autistic people and their parents/carers. We will work closely with community groups and service providers.**

## Special Autism Navigators

Our Specialist Autism Navigators work directly with autistic adults and parents/carers of autistic people of all ages. Their job is to help you access services and other local support.

This support is non-clinical and includes:

- advice
- signposting to support groups and services
- information about autism and diagnostic pathways
- practical support with tasks such as filling out forms or accompanying individuals going to their first meetings. This support is offered in a way that suits the individual.



**Information and guidance via email**

**Support on the phone or over video call**

**Face-to-face support across the county**

People should contact us directly via the published contact details. You do not need a referral or a formal diagnosis of autism to get help from us.

A Specialist Autism Navigator is on duty Monday-Friday 9am-5pm. They can arrange to meet with you on weekday evenings and Saturday mornings if you are not available during the day.

Our navigators support parents/carers and autistic adults. We operate across Lincolnshire.

## Grants

We offer an annual grants programme to strengthen and expand local support groups that help parents/carers and autistic adults.

The funding is targeted at volunteer-led groups in Lincolnshire.

The team link in closely with these groups and provide regular contact.



## Contact us

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[www.lpft.nhs.uk/virtual-autism-hub](http://www.lpft.nhs.uk/virtual-autism-hub)



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## **Lincolnshire Partnership NHS Foundation Trust Communications Team**

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Anyone using our services will be treated with dignity at all times and their faith and cultural needs will be accommodated where practically possible.

The Trust is fully compliant with the Data Protection and Confidentiality: NHS Code of Practice requirements